

# ABSTRACT

An object of the present invention is to provide a mixed composition of a herbal medicine with an effective physiological activity. The composition comprises an extract component from any one of a carpophore, a mycelium and a culture from more than two kinds of the Basidiomycete fungi selected from a group comprising a fungus belonging to Basidiomycetes Aphyllophorales Ganoderma Ganodermaceae, a fungus belonging to Basidiomycetes Polyporaceae Coriolus, a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus, and a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus and an extract component from a root of a plant belonging to Araliaceae, and has an oxidation-reduction potential sufficient to express the antitumor effect and hypoglycemic effect.